

Scope of Practice

Marie-Josée Hull, MSW, RSW

Tri-Certified Pro-EFW

I am a Registered Clinical Social Worker and Tri-Certified with the Professional Association for Equine Facilitated Wellness (Pro-EFW). I am certified as a Mental Health, Learning and Equine Professional and as a Mentor.

Mental Health Experience

I have a Master of Social Work, a Bachelor of Social Work and a College Degree in Psychology. I am a member in good standing with the Ontario College of Social Workers and the Ontario Association of Social Workers. I offer services in English and in French. I am supervised by licensed clinical psychologist, Dr. Robert Groves CPO # 805.

Since 1998, I have worked with youth, families and adults. I offered individual, group or family therapy to people experiencing mild, moderate or severe mental health difficulties as a result of personal, family and work-related issues or operational stress and trauma. I have worked as a child protection social worker within various Ontario child protection agencies. I have worked as a child and family therapist within a child's mental health agency. I have worked as a clinical social worker with the Canadian Forces with the Department of National Defence. Since 2012, I have been working in private practice, mainly with veterans who are struggling with an Operational Stress Injury and their families.

I have developed a strong understanding of human development, mental illness, attachment, family dynamics, poverty, addictions, violence and the impact of stress and trauma. My approach in therapy is influenced and inspired by many modalities such as, but not limited to, Somatic Psychology, Cognitive-Behavioral Therapy, Cognitive Processing Therapy, Eye Movement Desensitization and Reprocessing, Experiential Therapy, Exposure Therapy, Person-Centered Therapy, Mindfulness, Emotionally Focused Therapy, Nature Based Practices.

I have developed an Equine Facilitated Wellness approach to work with adults and have been working full time from my farm in Braeside, Ontario since 2015.

Ethics

I am governed by the Code of Ethics of the Ontario College of Social Workers (OCSW). I also work under the Code of Ethics of Pro-EFW which values respect for the rights and dignity of sentient beings both human and equine and supporting their well-being.

Equine Experience

I have been involved with horses since 1986. I have owned horses since 1989 and since 1999 I have kept them at my home. I have shared my life with 17 horses over those years. I have had the pleasure of having two mare foal and seeing one foal from his birth to now, 15 years old. I have cared for five senior horses. Although I have worked in stable management and as a riding instructor for three years, my practice with horses has mainly been for pleasure. I have always valued the relationship more than the goal. I use natural/relational horsemanship methods in my horse handling as in my stable management. I work in collaboration with a veterinarian, an equine chiropractor and a barefoot trimmer to care for a herd of 6 horses and one donkey.

Equine Facilitated Wellness Experience

I have been studying the field of EFW since 2004. In 2011, I completed my Master of Social Work exploring EFW practice in Canada. Since 2004, I have had the opportunity to learn about and experience different modalities in the field. My training has been mainly done with Generations Farms where they use the practice of somatic psychology and mindfulness.

In my private practice, I have been regularly practising EFW sessions since 2013. I work mainly with adults individually and in group. I have been running EFW groups for veterans since 2015. I have assisted Susan Cressy at her farm Highlands Gate Wellness, she is a Pro-EFW certified professional who offers women and corporate EFW workshops.

Other Experiences

I have assisted Pro-EFW trainer Deborah Marshall, in the 2018 Explorations training in Ontario. I have been offering Pro-EFW mentorship since 2016.

I am involved with the Pro-EFW board of directors and the Certification Review Committee. I assist with the maintenance of the Pro-EFW Certification Website, translation of documents to French and the production of the monthly newsletter. I also assist with answering questions from French-speaking certification candidates or members.

Influences Include (but not limited to):

Mental Health - the works of Peter Levine, Babette Rothchild, Pat Ogden, Bessel Van der Kolk, Francine Shapiro, Dr. Gabor Maté, Dr. Gordon Neufeld, Dr. Diane Benoit, Stephen Porges, Jack Cornfeld, Dr. Daniel G. Amen

EFW Methods - Integrated EFW Deborah Marshall and team Generations farms, The Eponaquest Approach, Linda Kohanov, Leigh Shambo HEAL model, Trauma Focussed Equine Assisted Psychotherapy, Tim Jobe and Bettina Shulz Jobe.

Relational Horsemanship Methods- Mark Rashid, Carolyn Resnick, Frederique Pignon, Jean-François Pignon, Pat Parelli, Chris Irwin, Paulette Evans

Working Alone

When I work with one client or a couple, I act as both the Equine Professional and the Mental Health Professional. Being tri-certified allows me to practice alone in this setting.

Team Approach

In my group work (max of seven participants) I am assisted by a Mental Health Professional who is also tri certified Pro-EFW.

Setting of my Practice

I practise at my farm in Braeside Ontario where I have a herd of six horses and one donkey. The setting is private, with pastures as well as an indoor and outdoor round pen to work in.

Insurance Coverage

I have professional liability coverage through the Ontario Association of Social Workers -LMS ProLink Ltd. I have a farm owner comprehensive liability insurance policy through BFL Canada.

Limitations

My scope of practice is limited to the specific population and issues I have described above. If I am not able to offer services, I will refer to appropriate services. I recommend certified Pro-EFW professionals for EFW work (Mental Health, Learning or Equine Professionals) for any other type of mental health services, I maintain an up-to-date list of qualified Mental Health Professionals who work in the Renfrew county area.

Statement of Understanding

Each client is informed of my scope of practice and limitations including confidentiality and fees at the beginning of services. My scope of practice is also available online at www.mariejoseehullcounselling.com.