

Scope of Practice **Marie-Josée Hull, MSW, RSW**

Tri-Certified Pro-EFW

I am a Registered Clinical Social Worker and Tri-Certified with the Professional Association for Equine Facilitated Wellness (Pro-EFW). I am certified as a Mental Health, Learning and Equine Professional and as a Mentor.

Mental Health Experience

I have a Master of Social Work (2011), a Bachelor of Social Work (1998) and a College Degree in Psychology (1995). I am a member in good standing with the Ontario College of Social Workers and the Ontario Association of Social Workers. I offer services in English and in French.

Since 1998, I have worked with youth, families and adults. I offered individual, group or family therapy to people experiencing mild, moderate or severe mental health difficulties as a result of personal, family and work-related issues or operational stress and trauma. I have worked as a child protection social worker within various Ontario child protection agencies. I have worked as a child and family therapist within a child's mental health agency. I have worked as a clinical social worker with the Canadian Forces with the Department of National Defence. Since 2012, I have been working in private practice, mainly with veterans who are struggling with an Operational Stress Injury and their families.

I have developed a strong understanding of human development, mental illness, attachment, family dynamics, poverty, addictions, violence and the impact of stress and trauma. My approach in therapy is influenced and inspired by many modalities such as, but not limited to, Somatic Psychology, Cognitive-Behavioral Therapy, Cognitive Processing Therapy, Eye Movement Desensitization and Reprocessing, Experiential Therapy, Exposure Therapy, Person-Centered Therapy, Mindfulness, Emotionally Focused Therapy, Nature Based Practices.

I have developed an Equine Facilitated Wellness approach to work with adults and have been working full time from my farm in Braeside, Ontario since 2015.

Ethics

I am governed by the Code of Ethics of the Ontario College of Social Workers (OCSW). I also work under the Code of Ethics of Pro-EFW which values respect for the rights and dignity of sentient beings both human and equine and supporting their well-being.

Mentorship and consultation

I participate in regular mentorship and consultation regarding the work I do to discuss progress and any arising challenges on a needed basis. My Pro-efw mentor is Deborah Marshall. Dr. Henry Venema PhD Psych, Susan Cressy, MA, RP and Marleen MacDonald, MSW, RSW are often solicited consultants.

Equine Experience

I have been involved with horses since 1986. I have owned horses since 1989 and since 1999 I have kept them at my home. I have shared my life with 17 horses over those years. I have had the pleasure of having two mares' foal and seeing one foal from his birth to his passing at 16 years old. I have cared for five senior horses. I have worked in stable management and worked as a riding instructor to beginner riders from 1990 to 1996. I have always valued the relationship more than the goals when it comes to working with horses. I use natural/relational horsemanship methods in my horse handling as in my stable management. I work in collaboration with a veterinarian, an equine chiropractor and a barefoot trimmer and a body worker to care for a herd of 7 horses and one donkey. Over the years I have participated in many clinics, training and webinars that have increased my knowledge base in the care and psychology of horses as well as my horsemanship that continuously gets refined.

Equine Facilitated Wellness Experience

I have been studying the field of EFW since 2004. In 2011, I completed my Master of Social Work exploring EFW practice in Canada. Since 2004, I have had the opportunity to learn about and experience different modalities in the field. My training has been mainly done with Generations Farms where they use the practice of somatic psychology and mindfulness.

In my private practice, I have regularly been practising EFW sessions since 2013. I work mainly with adults individually and in groups. I have been running EFW groups for veterans since 2015. I have assisted Susan Cressy at Highlands Gate Wellness, she is a Pro-EFW certified professional who offers women and corporate EFW workshops.

Other Experiences

I have assisted Pro-EFW trainer Deborah Marshall, in the 2018 Explorations training in Ontario. I have been offering Pro-EFW mentorship since 2016.

I was involved with the Pro-EFW board of directors. I assisted with the maintenance of the Pro-EFW Certification Website, translation of documents to French and the production of the monthly newsletter. I continue to help with certification reviews and assist with answering questions from French-speaking certification candidates or members.

Influences Include (but not limited to):

Mental Health - the works of Peter Levine, Babette Rothchild, Pat Ogden, Bessel Van der Kolk, Francine Shapiro, Dr. Gabor Maté, Dr. Gordon Neufeld, Dr. Diane Benoit, Stephen Porges, Jack Cornfeild, Dr. Daniel G. Amen, Ruth Lanius, Deb Dana.

Equine Facilitated Wellness - Integrated EFW Deborah Marshall and team Generations farms, The Eponaquest Approach, Linda Kohanov, Leigh Shambo HEAL model, Trauma Focussed Equine Assisted Psychotherapy, Tim Jobe and Bettina Shulz Jobe, Leif Hallberg

Horsemanship - Mark Rashid,Carolynn Resnick, Frédérique Pignon, Jean-François Pignon, Pat Parelli, Chris Irwin, Paulette Evans, Warrick Shiller, T.R.T. method, Locky Phillips, Centered Riding, Jim Masterson

Working Alone

When I work with one client or a couple, I act as both the Equine Professional and the Mental Health Professional. Being tri-certified allows me to practice alone in this setting.

Team Approach

In my group work (max of seven participants) I am assisted by a Mental Health Professional or an Equine Professional. If I have more than 7 participants, I have two assistants.

Setting of My Practice

I practise at my farm in Braeside Ontario where I have a herd of six horses and one donkey. The setting is private, with pastures as well as an indoor and outdoor round pen to work in. I will also travel to client's home to work with them and their horses from time to time.

Insurance Coverage

I have \$5,000,000 professional liability coverage through the Ontario Association of Social Workers -LMS Prolink Ltd. I have a \$2,000,000 farm owner comprehensive liability insurance policy through BFL Canada.

Limitations

My scope of practice is limited to the specific population and issues I have described above. If I am not able to offer services, I will refer to appropriate services. I recommend certified Pro-EFW professionals for EFW work (Mental Health, Learning or Equine Professionals) for any other type of mental health services, I maintain an up-to-date list of qualified Mental Health Professionals who work in the Renfrew County area.

Statement of Understanding

Each client is informed of my scope of practice and limitations including confidentiality and fees at the beginning of services. My scope of practice is also available online at www.mariejoseehullcounselling.com.

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